

CALIFORNIA

healthy kids

SURVEY

Montebello Unified
Elementary
2008-2009
Technical Report



CALIFORNIA
Safe and Healthy Kids
PROGRAM OFFICE



EQUI-LINK
EVALUATION
RESOURCES

WestEd 

This report contains information specific to your district or school. For general explanatory information about the survey and the items, please refer to the Technical Report Narratives available on our website:
www.wested.org/chks/narratives

Sample Characteristics

Note: Tables 3.1 through 5.3 include results by gender.

Table 1.1

Student Sample Characteristics

	Grade 5
Student Sample Size	
Target Sample	2,421
Final Sample (Number of Respondents)	1317
Average Response Rate	54%

Table 2.1
Age of Sample

	Grade 5 Total %
7 years old, or younger than 7	0
8 years old	0
9 years old	0
10 years old	41
11 years old	55
12 years old	4
13 years old or older than 13	0

Question ES 2, 4: How old are you? What grade are you in?

Table 2.2
Gender of Sample

	Grade 5 Total %
Female	53
Male	47

Question ES 3: Are you female or male?

Table 2.3***Number of Times Moved, Past Year***

	Grade 5 Total %
0 times	58
1 time	23
2 times or more times	19

Question ES 5: During the past year, how many times have you moved (changed where you live)?

Table 2.4***Perceived Ability With School Work***

	Grade 5 Total %
One of the best students	16
Better than most students	24
About the same as others	50
Don't do as well as most others	11

Question ES 16: How well do you do in your school work?

Alcohol and Other Drug (AOD) Use

Table 3.1

Ever Used Alcohol or Other Drugs, Lifetime

	Grade 5		
	Female %	Male %	Total %
Alcohol, one or two sips	22	22	22
Alcohol, a full glass	3	5	4
Inhalants (to get high)	4	6	5
Marijuana *	1	2	2
<i>None of the above</i>	78	75	77
<i>Any of the above</i>	22	25	23

Questions ES 32, 33, 34: Have you ever drunk beer, wine, or other alcohol? Have you ever sniffed something through your nose to get "high?" Have you ever smoked any marijuana (pot, grass, weed)?

Table 3.2

Any Alcohol Use, Past Month

	Grade 5		
	Female %	Male %	Total %
No	90	88	89
Yes, I drank one or two sips	8	8	8
Yes, I drank a full glass	2	4	3

Question ES 39: In the past month, did you drink any beer, wine or other alcohol?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

Table 3.3***Any AOD Use Before/During School, Lifetime***

	Grade 5		
	Female %	Male %	Total %
No	99	99	99
Yes	1	1	1

Question ES 35: Have you ever used alcohol or an illegal drug like marijuana before school or at school?

Table 3.4***Perception of Health Risk of Alcohol and Marijuana Use***

	Grade 5		
	Female %	Male %	Total %
Alcohol			
No, not bad	2	5	3
Yes, a little bad	18	22	20
Yes, very bad	80	73	77
Marijuana			
No, not bad	4	5	4
Yes, a little bad	3	7	5
Yes, very bad	82	77	79
I don't know what marijuana is	11	11	11

*Question ES 37-38: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?
Do you think using marijuana (pot, grass, weed) is bad for a person's health?*

Tobacco Use

Table 4.1

Lifetime and Current Use of Cigarettes and Smokeless Tobacco

	Grade 5		
	Female %	Male %	Total %
Ever smoked a cigarette *	4	6	5
Part of a cigarette, like one or two puffs	4	5	4
A whole cigarette	0	1	1
Smoked a cigarette in the past month	1	3	2
Ever chewed tobacco or snuff	1	2	1

Questions ES 30, 40, 31. Have you... In the past month, did you...

Table 4.2

Perception of Health Risk of Cigarette Smoking

	Grade 5		
	Female %	Male %	Total %
No, not bad	2	3	2
Yes, a little bad	6	7	6
Yes, very bad	93	90	92

Question ES 36: Do you think smoking cigarettes is bad for a person's health?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

Violence and Safety

Table 5.1

Perceived Feeling Safe At or Outside of School

	Grade 5		
	Female %	Male %	Total %
Do you feel safe at school?			
No, never	8	9	8
Yes, some of the time	17	18	17
Yes, most of the time	29	31	30
Yes, all of the time *	46	42	44
Do you feel safe outside of school?			
No, never	20	20	20
Yes, some of the time	32	27	30
Yes, most of the time	27	25	26
Yes, all of the time	21	28	24

Question ES 28, 29: Do you feel safe at school? Do you feel safe outside of school?

**** = To be used for the CDE-Recommended SDFSC/TUPE Performance Indicator
"The percentage of students that feel very safe at school"***

Table 5.2***Frequency of Being Harassed on School Property***

	Grade 5		
	Female %	Male %	Total %
Been hit or pushed			
No, never	56	41	49
Yes, some of the time	31	41	36
Yes, most of the time	6	9	8
Yes, all of the time	6	9	7
Mean rumors spread about you			
No, never	44	50	47
Yes, some of the time	38	32	35
Yes, most of the time	10	10	10
Yes, all of the time	8	9	8

*Question ES 23, 24: Do other kids hit or push you at school when they are not just playing around?
Do other kids at school spread mean rumors or lies about you?*

Table 5.3***Frequency of Harassing on School Property, Past Year***

	Grade 5		
	Female %	Male %	Total %
Have hit or pushed other kids			
0 times	62	41	52
1 time	19	22	20
2 times	7	13	10
3 or more times	13	25	18
Have spread mean rumors about other kids			
0 times	68	66	67
1 time	16	16	16
2 times	8	8	8
3 or more times	8	9	9

Question ES 21, 22: During the past year, how many times have you...hit or pushed other kids at school when you were not playing around? ...spread mean rumors or lies about other kids at school?

Table 5.4***Weapons (Gun or Knife) on School Property, Past Year***

	Grade 5 Total %
Brought weapon to school	
No	96
Yes	4
Saw another kid with a weapon at school	
No	75
Yes	25

Question ES 25, 26: During the past year... did you ever bring a gun or knife to school? ...have you ever seen another kid with a gun or knife at school?

Table 5.5***Frequency of Being Home Without Adult Supervision***

	Grade 5 Total %
No, never	71
Yes, some of the time	22
Yes, most of the time	4
Yes, all of the time	3

Question ES 27: Are you home alone after school?

Table 5.6

Frequency of Seat Belt and Helmet Use

	Grade 5 Total %
When you ride in a car do you wear a seat belt?	
No, never	2
Yes, some of the time	13
Yes, most of the time	16
Yes, all of the time	69
When you ride a bicycle do you wear a helmet?	
I do not ride a bicycle	15
No, never	51
Yes, some of the time	13
Yes, most of the time	9
Yes, all of the time	12

Question ES 7, 8: When you ride in a car do you wear a seat belt? When you ride a bicycle do you wear a helmet?

Physical Health

Table 6.1

Breakfast Consumption

	Grade 5 Total %
No	28
Yes	72

Question ES 6: Did you eat breakfast this morning?

Table 6.2

Exercise During Week

	Grade 5 Total %
0 days	5
1 day	5
2 days	8
3 days	15
4 days	12
5 days	15
6 or 7 days	41

Question ES 50: How many days each week do you exercise, dance, or play sports?

Table 6.3***Frequency of Daily Television Watching and Video Game Playing***

	Grade 5 Total %
None, I didn't watch TV yesterday	14
Less than 1 hour	27
About 1 hour	21
About 2 hours	19
3 or more hours	19

Question ES 53: Yesterday, how much time did you spend watching TV or playing video games?

Table 6.4***Body Image***

	Grade 5 Total %
Do you think you are...	
Too skinny	11
About right	72
Too fat	17
Are you doing anything to try to lose weight?	
No	41
Yes	59
Ever been teased about your body at school?	
No	62
Yes	38

Question ES 47-49: Do you think you are too skinny, about right, or too fat? Are you doing anything to try to lose weight? Have other kids at school ever teased you about what your body looks like?

Table 6.5

Students with Asthma

	Grade 5 Total %
No	84
Yes	16

Question ES 52: Has a parent or some other adult ever told you that you have asthma?

Table 6.6

Asthma Symptoms While Not Exercising

	Grade 5 Total %
No	79
Yes	21

Question ES 51: When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?

Table 7.1***External and Internal Asset Scores (High, Moderate, and Low)***

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 5		
	H	M	L
Total External Assets	63	36	1
Caring Relationships	69	28	3
High Expectations	76	23	1
Meaningful Participation	22	64	14
School Environment	42	52	6
Caring Relationships: Adults in School *	51	42	6
High Expectations: Adults in School *	55	41	3
Meaningful Participation *	14	62	24
Home Environment	78	20	2
Caring Relationships: Adults in Home	75	22	3
High Expectations: Adults in Home	87	11	1
Meaningful Participation	28	64	9
Personal School Connectedness*	54	41	5
Peer Environment			
High Expectations: Pro-social peers	43	52	5
Total Internal Assets	52	45	3
Empathy	34	55	11
Problem Solving	30	56	14
Goals and Aspirations	79	21	1

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

Table A7.2***School Connectedness***

	Grade 5 Total %
I feel close to people in this school	
No, never	10
Yes, some of the time	34
Yes, most of the time	27
Yes, all of the time	30
I am happy to be at this school	
No, never	3
Yes, some of the time	19
Yes, most of the time	26
Yes, all of the time	52
I feel like I am part of this school	
No, never	7
Yes, some of the time	20
Yes, most of the time	23
Yes, all of the time	50
The teachers at this school treat students fairly	
No, never	6
Yes, some of the time	20
Yes, most of the time	26
Yes, all of the time	48
I feel safe in my school	
No, never	8
Yes, some of the time	17
Yes, most of the time	30
Yes, all of the time	44

Questions E9-12,28: Do you feel close to people at school?, Are you happy to be at this school?, Do you feel like you are part of this school?, Do teachers treat students fairly at school?, Do you feel safe at school?

Table A7.3***School Based Assets***

At my school, there is a teacher or some other adult...	Grade 5 Total %
who really cares about me	
No, never	5
Yes, some of the time	20
Yes, most of the time	23
Yes, all of the time	52
who tells me when I do a good job	
No, never	5
Yes, some of the time	25
Yes, most of the time	32
Yes, all of the time	37
who listens when I have something to say	
No, never	6
Yes, some of the time	24
Yes, most of the time	28
Yes, all of the time	43
who believes that I can do a good job	
No, never	2
Yes, some of the time	13
Yes, most of the time	21
Yes, all of the time	64

Questions E14-15, 17-18; Do the teacher and other grown-ups at school care about you?, Do the teachers and other grown-ups at school tell you when you do a good job?, Do the teachers and other grown-ups at school listen when you have something to say?, Do the teachers and other grown-ups at school believe that you can do a good job?

Table A7.3 - Continued

School Based Assets

	Grade 5 Total %
I help make class rules or choose things to do	
No, never	38
Yes, some of the time	31
Yes, most of the time	18
Yes, all of the time	12
I do things to be helpful at school	
No, never	9
Yes, some of the time	37
Yes, most of the time	33
Yes, all of the time	21

Question E13, 19: Do you help make class rules or choose things to do at school?, Do you do things to be helpful at school?

Table A7.4***Internal Assets***

	Grade 5 Total %
I try to understand how other people feel	
No, never	11
Yes, some of the time	32
Yes, most of the time	30
Yes, all of the time	27
I feel bad when someone gets their feelings hurt	
No, never	8
Yes, some of the time	29
Yes, most of the time	26
Yes, all of the time	36
I know where to go for help with a problem	
No, never	8
Yes, some of the time	16
Yes, most of the time	20
Yes, all of the time	55
I try to work out problems by talking or writing	
No, never	32
Yes, some of the time	29
Yes, most of the time	20
Yes, all of the time	19

Question E41--44: Do you try to understand how other people feel?, Do you feel bad when someone gets their feelings hurt?, Do you know where to go for help?, Do you try to work out your problems by talking or writing about them?

Table A7.4 - Continued

Internal Assets

	Grade 5 Total %
I try to do my best	
No, never	2
Yes, some of the time	9
Yes, most of the time	20
Yes, all of the time	69
I have goals and plans for the future	
No, never	9
Yes, some of the time	91
Yes, most of the time	0
Yes, all of the time	0
I plan to go to college or some other school after high school?	
No	6
Yes	94

Question E45-46, 20: Do you try to do your best?, Do you have goals and plans for the future?, Do you plan to go to college or some other school after high school?

Table A7.5***Home Based Assets***

At home, there is a parent or some other adult...	Grade 5 Total %
who cares about my schoolwork	
No, never	3
Yes, some of the time	7
Yes, most of the time	12
Yes, all of the time	78
who believes that I can do a good job	
No, never	2
Yes, some of the time	5
Yes, most of the time	11
Yes, all of the time	82
who wants me to do my best	
No, never	1
Yes, some of the time	4
Yes, most of the time	7
Yes, all of the time	88
who listens when I have something to say	
No, never	4
Yes, some of the time	11
Yes, most of the time	26
Yes, all of the time	60

Questions E56-59: Does a parent or some other grown up at home care about your schoolwork? Does a parent or some other grown-up at home want you to do your best?, Does a parent or some other grown-up at home listen when you have something to say?

Table A7.5 - Continued**Home Based Assets**

	Grade 5 Total %
I help at home	
No, never	3
Yes, some of the time	22
Yes, most of the time	36
Yes, all of the time	38
I get to make rules or choose things to do at home	
No, never	35
Yes, some of the time	33
Yes, most of the time	23
Yes, all of the time	10

Question E60- 61: Do you help at home?, Do you get to make rules or choose things to do at home?

Table A7.6**Peer Based Assets**

	Grade 5 Total %
My best friends get into trouble	
No, never	31
Yes, some of the time	52
Yes, most of the time	11
Yes, all of the time	7
My best friends try to do the right thing	
No, never	6
Yes, some of the time	24
Yes, most of the time	28
Yes, all of the time	42

Questions E54-55: Do your best friends get into trouble?, Do your best friends try to do the right thing?

Table 8.1
SDFSCA/TUPE Performance Indicators Recommended by CDE

Performance Indicator	5th Grade %
Tobacco Use	
The Percentage of students that have ever used cigarettes*	5%
Drug Use	
The percentage of students that have ever used marijuana**	2%
Safe Schools and Violence	
The percentage of students that feel very safe at school***	44%
Protective Factors	
The percentage of students that report high levels of caring relationships with a teacher or other adult at their school	51%
The percentage of students that report high levels of high expectations from a teacher or other adult at their school	55%
The percentage of students that report high levels of opportunities for meaningful participation at their school	14%
The percentage of students that report high levels of personal school connectedness	54%

*Includes students who smoked part of a cigarette and those who smoked a whole cigarette.

**Excludes students who answered "I don't know what marijuana is"

***Elementary students are asked how often they feel safe at school rather than how safe they felt, as in the secondary survey. This table reports those students who responded, "Yes, all of the time."

Custom Questions

Question 65

During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?

	Grade 5 Total %
0 days	78
1 day	10
2 or 3 days	8
4 or more days	4
